

Day 27: Medicine Cabinet

"So how do you find a place for everything and keep everything in its place in a medicine cabinet? Well, follow the same advice closet organizers have been selling for years: Get rid of anything you're not using.



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Checklist

Objective: to reclaim the medicine cabinet for healthcare and first aid items

- Completely empty contents of the medicine cabinet.
- Wipe out the cabinet, clean and sanitize all surfaces.
- Sort through products and discard any expired, empty or unusable products.
- Create usable containers for items that will remain, eliminate bulky packaging on frequently used items so it fits in the cabinet.
- Determine if there is another location for prescription drugs.
- Inventory the cabinet and make a note of any items that will need to be replaced soon.

Tomorrow: Meal Planning