

WHAT'S FOR DINNER?

Oven Off Dinners

May 13 - 17, 2019



MON

Healthy Slow Cooker
Pork Lo Mein

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TUE

Italian Skillet
Chicken with
Spinach, Tomatoes,
and Onions

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WED

Beef and Broccoli
Ramen Stir Fry

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THUR

15 Minute Instant
Pot Chicken Tortilla
Soup

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FRI

Bang Bang Shrimp
Tacos

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TREAT

Chocolate Brownie
Cookies

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